



Warning Signs of Lung Disease

Your body gives you clues when there is something abnormal happening with your lungs. The symptoms may start out mild and you might consider dismissing them but getting checked out now can help you receive treatment before the disease becomes serious. Early detection could save your life.

Signs and symptoms of lung disease differ based on the disease, but often include:

- A cough that lasts longer than eight weeks
- Shortness of breath that doesn't go away after exercise
- Chest tightness
- Coughing up mucus or phlegm for a month or longer
- Wheezing or noisy breathing
- Unexplained chest pain
- Coughing up blood

Early detection is key to successful treatment of lung disease.

Make an appointment and then talk to your healthcare provider about your symptoms, exposures to risk factors, and medical history.

Depending on your symptoms, your doctor may recommend a lung test or procedure. You can learn more about routine procedures, tests, and treatments at [Lung.org](https://www.lung.org).