

Need A Residential Treatment Program?



Did You Know?

Look for one that has tobacco-free grounds and provides tobacco treatment. They are providing more comprehensive services to support your recovery!

Even if you use tobacco, choosing a residential program that has tobacco-free grounds and provides tobacco treatment means that the people around you are healthier and more successfully addressing their own health and well-being.



If you choose to address your own tobacco use, there will be a healthy environment to support you in that decision.

Those who address tobacco along with other substance use treatment have a 25% greater chance of long-term recovery.¹

Lung Mind
Alliance

Your counselor or other health care provider is here to support you. Ask them for assistance quitting tobacco.

Tobacco in this document refers specifically to the use of manufactured commercial tobacco products, and not to the sacred, medicinal, and traditional use of tobacco by American Indians and other groups.

Reference:

1. Prochaska, J. J., Delucchi, K., & Hall, S. M. (2004). A meta-analysis of smoking cessation interventions with individuals in substance abuse treatment or recovery. *Journal of consulting and clinical psychology, 72*(6), 1144–1156. <https://doi.org/10.1037/0022-006X.72.6.1144>